Power Management and Sustainability

Partnering with the [Campus Sustainability Initiative](#), LTS has some recommended power saving settings you can implement on your office computer.

If you don't need to have a computer turned on beyond normal business hours you can and should turn it off at the end the day. Computers will receive approved security updates for the operating system when they turn them back on. Users that turn their computers off before an update is installed will be prompted to install the update from the shut down option on their Windows computer. Once the update is installed the computer will shut itself down automatically.

Anyone that requires their computer to remain on during the evening, however, can still help reduce the amount of energy the computer uses while it remains idle. You can adjust any power management option that your computer supports. Because these options may vary widely from computer to computer, the options described may differ from what you see. Power Options and Energy Saver automatically detects what is available on your computer and shows you only the options that you can control.

### Windows XP: Configure Power Settings

1. Click Start, click Control Panel, and then click Power Options.
2. The Power Options Properties dialog box will open.
3. Adjust the power scheme to your desired settings. Once done, click "OK" and your settings will be saved.

### macOS: Configure Energy Saver Settings

1. Open System Preferences and click Energy Saver.
2. The Energy Saver dialog box will open.
3. Adjust the power scheme to your desired settings. Once done, quit System Preferences and your settings will be saved.

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